



## Basic First Aid Kit

First aid supplies should be stored in a closed container, accessible to the daycare provider at all times, but out of the reach of children. Using a fanny pack or backpack to carry the content of a first-aid kit may be helpful when playing outside, going on a walk or field trip, etc. The kit should be restocked after an item is used.

### A basic first aid kit should contain the following items:

- ☐ Roll of gauze
- ☐ Sanitary feminine pad (to cover a bloody wound and stop bleeding)
- ☐ Tape
- ☐ Band-aids
- ☐ Cold pack
- ☐ Tissues
- ☐ Hand sanitizer
- ☐ Gloves
- ☐ Ace Wrap
- ☐ Arm Sling (large dish towel)
- ☐ Plastic grocery store bag– for bloody garbage
- ☐ Old gift card – to scrape out a bee/wasp stinger
- ☐ Bottle of water
- ☐ Two safety pins
- ☐ Scissors